

# Jet Lag Journey

**Choreographer:** Sandra Schuler

**Level:** High Beginner

**Count:** 32

**Wall:** 4

**Intro:** 16 Counts

**Music:** Jet Lag Journey – by The Bellamy Brothers & Gölä



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## **Kick forward, Kick diagonal, Coaster Step, ½-TripleTurn r, Back Rock**

1, 2 Kick RF forward, Kick RF diagonal right  
3&4 step RF backward, put LF next to RF, step RF forward  
5&6 turn 1/4 right stepping LF to left side, put RF next to LF, 1/4 right turn stepping LF backward (6)  
7, 8 step RF backward, recover weight on LF

## **Kick-Ball-Step, Shuffle forward, ½-StepTurn r, ¼-Turn r/Side, Hitch**

1&2 Kick RF forward, put RF next to LF, step LF forward  
3&4 step RF forward, put LF next to RF, step RF forward  
5, 6 step LF forward, turn ½-right on both feet (weight at the end on RF) (12)  
7, 8 turn ¼ right stepping LF to left side, raise RKnee diagonally to LKnee (3)

## **Chassé, Back Rock (r + l)**

1 +2 step RF to right side, put LF next to RF, step RF to right side  
3, 4 step LF backward, recover weight on RF  
5&6 step LF to left side, put RF next to LF, step LF to left side  
7, 8 step RF backward, recover weight on LF

## **1/2-MontereyTurn r, Skate (r-l-r-l)**

1, 2 point RToe to right side, turn ½ right stepping RF next to LF (9)  
3, 4 point LToe to left side, step LF next to RF  
5, 6 skate RF forward, skate LF forward  
7, 8 skate RF forward, skate LF forward

## **Repeat**

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