

Hills of Connemara

Choreographer : Kate Sala & Rob Fowler
Level : Improver
Counts : 32
Type of dance : 4 Wall
Intro : Start on vocals
Music : Hills of Connemara – by Ritchie Remo



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Toe, Heel, Stomp x 2, Mambo Step Forward, Coaster Step.

1 & 2 Tap R toe next to L instep with toe turned in. Dig R heel to right diagonal. Stomp R forward.
3 & 4 Tap L toe next to R instep with toe turned in. Dig L heel to left diagonal. Stomp L forward.
5 & 6 Rock forward on R. Recover on to L. Step back on R.
7 & 8 Step back on L. Step R next to L. Step forward on L.

Tap R Toe Out, In, Out, Weave Left, Step Left Diagonal, Touch In, Step Back, Coaster Cross 1/4 Turn Left.

1 & 2 Touch R toe out to right side. Touch R toe next to L instep. Touch R toe out to right side.
3 & 4 Cross step R behind L. Step L to left side. Cross step R over L.
5 & 6 Step L forward to left diagonal. Tap R behind L. Step back on R. 10:30
7 & 8 Turn 1/8 left stepping back on L. Step R next to L. Cross step L over R. 9:00 (Restart wall 3)

Step Right, Together, Chasse Right, Rock Back, Recover, Step Left, Weave Left.

1 2 Step R to right side. Step L next to R.
3 & 4 Step R to right side. Step L next to R. Step R to right side.
5 & 6 Rock back on L. Recover on to R. Step L to left side.
7 & 8 Cross step R behind L. Step L to left side. Cross step R over L.

Rumba Box, Step Back, Clap, Step Back, Clap, Coaster Step.

1 & 2 Step L to left side. Step R next to L. Step forward on L.
3 & 4 Step R to right side. Step L next to R. Step back on R.
5 & Step back on L. Clap.
6 & Step back on R. Clap.
7 & 8 Step back on L. Step R next to L. Step forward on L.

Start Again

RESTART: During wall 3, after count 16, restarting facing 3:00

TAG: 2 counts. End of wall 8 facing 12:00.

1 2 Step forward on R. Pivot 1/2 turn left. 6:00

OPTION: During wall 6. During the first 4 counts.

Counts 1 & 2, 3 & 4 (As he sings 'swing to the left, swing to the right')

1 & 2 Step forward on R. Pivot 1/2 turn left. Step forward on R.

3 & 4 Step forward on L. Pivot 1/2 turn right. Step forward on L.

Then continue with the rest of the dance.

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