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Enjoy Today

Choreographer : Big Andrea Gragnaniello

Type of dance : 4 Wall

Level : Beginner

Counts : 32

Intro : Start on lyrics

Music : The Morning After – by Nathan Carter

SIDE TOUCHES RIGHT, ROCK BACK, STOMP, HOLD

- 1-2 Touch right toe out to right side, touch right toe next to left foot
- 3-4 Touch right toe out to right side, touch right toe next to left foot
- 5-6 Right rock back (jumping on right), recover on the left
- 7-8 Stomp right next to left (weight on right), hold

SIDE TOUCHES LEFT, ROCK BACK, STOMP, HOLD

- 1-2 Touch left toe out to left side, touch left toe next to right foot
- 3-4 Touch left toe out to left side, touch left toe next to right foot
- 5-6 Left rock back (jumping on left), recover on right
- 7-8 Stomp left next to right (weight on left), hold

***2x HEEL STRUTS FORWARD, ROCKING CHAIR**

- 1-2 Step right heel forward, drop right toe to floor
- 3-4 Step left heel forward, drop left toe to floor
- 5-6 Rock right forward, recover on left
- 7-8 Rock left forward, recover on right

¼ RIGHT MONTEREY TURN, JAZZ BOX

- 1-2 Touch right side, turn ¼ right and step right together
- 3-4 Touch left side, step left together
- 5-6 Cross right over, step left back
- 7-8 Step right side, stomp left next to right

START AGAIN

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