



Mes Larmes

Choreographer: Laura Nanclares

Level: Beginner waltz

Count: 24

Wall: 4

Intro: 24 counts

Music: "Les son de mes larmes" by The Mudbugs Cajun & Zydeco Band

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[1-6]: TWINKLE STEP LEFT, CROSS, SIDE, BEHIND

1-3 Step LF forward to R diagonal (cross), step RF forward beside LF, step LF forward to L diagonal.
4-6 Cross RF over LF, step LF to Left, step RF behind LF.

[7-12]: SWEEP BEHIND, SIDE, CROSS, SCISSOR

1-3 Sweep LF behind RF, step RF to Right, cross LF over RF.
4-6 Step RF to Right, step LF beside RF, cross RF over LF.

[13-18]: SIDE ROCK STEP ¼ TURN RIGHT, STEP TURN, STEP

1-3 Rock LF to Left, recover weight on RF turning ¼ to Right, step LF forward. (3:00)
4-6 Step RF forward, ½ turn to Left leaving weight on LF, step RF forward.

[19-24]: ROCK STEP FORWARD, STEP BACK, ROCK STEP BACK, STEP FORWARD

1-3 Rock forward LF, recover weight on RF, step back LF.
4-6 Rock back RF, recover the weight on LF, step RF forward.

Repeat

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