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A Little Bit Lit

Choreographer: Rob Fowler

Level: Beginner

Count: 24

Wall: 4

Intro: 32 counts, start on vocals

Music: "Lit" by Trace Adkins

R Side, Together, Chasse R, Cross Rock, Shuffle ¼ Turn L

1-2 Step R to R side, step L next to R
3&4 Step R to R side, step L next to R, step R to R side
5-6 Rock L over R, recover back on R
7&8 Step L to L side, step R next to L, make ¼ turn L stepping fwd L (9 o'clock)

Toe Heel Cross, Toe Heel Cross, Kick Out Out, Heels Toes Heels

1&2 Touch R toe next to L (R knee in), touch R heel next to L (toe out), stomp R fwd
3&4 Touch L toe next to R (L knee in), touch L heel next to R (toe out), stomp L fwd
5&6 Kick R fwd, step R to R side, step L to L side
7&8 Twist both heels in, twist both toes in, twist both heels in (9 o'clock)

R Rock Step Fwd, Recover, R Lock Step Back, L Rock Step Back, Recover, Step L Fwd, 2 x Claps

1,2 Rock fwd R, recover back L
3&4 Step back R, cross L over R, step back R
5,6 Rock back L, recover on R
7&8 Step fwd L, clap hands twice (9 o'clock)

Start Again



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