



# Keep It In The Middle Of The Road

**Choreographer:** Yvonne Anderson, Lee Hamilton & Cati Torrella

**Count:** 32

**Wall:** 2

**Level:** Improver

**Intro:** start on vocals

**Music:** "Keep It in Middle of the Road" by Kirwan

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**Notes:** Add 4 count tag at the end of wall 1 (facing 6) and following count 8 during wall 5 (facing 12).

To finish facing forward...wall 9, dance through to count 6 (facing 6) then change counts 7&8 to the following step L forward, ½ turn right, Step L forward (now facing 12) add 4 count tag.

## [1-8] KICK-STEP-ROCK-RECOVER X 2, SHUFFLE FORWARD, PIVOT FULL TURN

1&2& Kick R forward, (&) Step R slightly forward, Rock L to left, (&) Recover weight on R [12]  
3&4& Kick L forward, (&) Step L slightly forward, Rock R to right, (&) Recover weight on L [12]  
5&6 Shuffle forward stepping R, L, R [12]  
7&8 Step L forward, (&) ½ turn right taking weight on R, ½ turn right stepping L back [12]

**\*\*\*TAG + RESTART....add 4 count tag following count 8 (facing 6) then restart dance \*\*\***

## [9-16] ¼ RIGHT, TOUCH, ¼ LEFT TOUCH, ¼ LEFT TAP TOUCH, HEEL-TOE SWIVELS, BEHIND-SIDE-CROSS

1& ¼ turn right stepping R to right, (&) Touch L beside right [3]  
2& ¼ turn left stepping L forward, (&) Touch R toes beside left [12]  
3&4 ¼ turn left stepping R to side, (&) Tap L toes beside right, Touch L toes to left [9]  
5&6 Swing heels towards centre, (&) Swing both toes centre, Swing heels to centre [9]  
**(counts 5&6. ...feet will gradually come to centre as you swing/walk heel, to, heel)**  
7&8 Step R behind left, (&) Step L to left, Step R across left [9]

## [17-24] RHUMBA BOX, TWO STEP REVERSE FULL TURN, BEHIND-SIDE-CROSS-SIDE

1&2 Step L to left, (&) Step R beside left, Step L forward [9]  
3&4 Step R to right, (&) Step L beside right, Step R back [9]  
5-6 ½ turn left stepping L forward, ½ turn left stepping R back [9]  
7&8& Step L behind right, (&) Step R to right, Step L across right, (&) Step R to right [9]

## [25-32] HEEL TOUCHES, MAMBO, SAILOR ¼, SHUFFLE FORWARD

1&2& Touch L heel forward, (&) Step L beside right, Touch R heel forward, (&) Step R beside left [3]  
3&4 Rock L forward, (&) Recover weight on R, Step L beside right [3]  
5&6 Step R behind left, (&) ¼ turn left stepping L to side, Step R slightly forward [6]  
7&8 Shuffle forward stepping L, R, L [6]

## Repeat

**TAG:** add the following tag at the end of wall 1 and following count 8 during wall 5 and to finish wall 9 (see notes to finish facing forward)

1&2& Touch R heel forward, (&) Step R beside left, Touch L heel forward, (&) Step L beside right  
3&4 Stomp R to right (&) Stomp L to left, HOLD

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