

Knock

Choreographer : Marian Van Der Heijden
Type of dance : 4 Walls
Level : High beginner
Counts : 32
Info : Start on the word "knock" (i'm gonna 'KNOCK')
Music : "I'm Gonna Knock On Your Door" by Eddie Hodges



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Shuffle Fwd, Shuffle 1/2 Turn R, Rock Back, Recover, Kick Ball Step;

1-&-2 (1)-RF step forward, (&)-LF close, (2)-RF step forward;
3-&-4 (3)-LF step forward 1/4 turn right, (&)-RF close, (4)-LF step back 1/4 right; [6]
5-6 (5)-RF rock back, (6)-LF recover;
7-&-8 (7)-RF kick forward, (&)-RF step on ball, (8)-LF step in place;

Out – Out, In – In, Step Forward, Step Forward, Pivot 1/4 Right, Cross Shuffle;

1-2 (1)-RF step diagonal right forward, (2)-LF step diagonal left forward;
&-3-4 (&)-RF step back to center, (3)-LF close (4)- RF step forward;
5-6 (5)-LF step Forward, (6)-LF+RF turn 1/4 right; [9]
7-&-8 (7)-LF cross over RF, (&)-RF step behind, (8)-LF cross over RF;

Monterey Turn 1/4 Right X2;

1-2 (1)-RF point right side, (2)-RF close 1/4 turn right; [12]
3-4 (3)-LF point left side, (4)-LF close;
5-6 (5)-RF point right side, (6)-RF close 1/4 turn right; [3]
7-8 (7)-LF point left side, (8)-LF close;

Side Rock, Recover, Shuffle Back, Out – Out, Close, Heel Bounces;

1-2 (1)-RF rock right side, (2)-LF recover;
3-&-4 (3)-RF step back, (&)-LF close, (4)-RF step back;
5-6 (5)-LF step left out, (6)-RF step right out;
7-&-8 (7)-LF close next to RF (&-8) lift heels and bounce twice time on the floor

Start Again

End: dance the 8th wall unto count 12 [3] (section 2 count 4) and end with:

5-6 (5)-LF step forward, (6)-RF step forward
7-8 (7)-RF+LF turn 1/4 left, (8)-RF close

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