

# Heart of The South

**Choreographer:** Yvonne Anderson & Rob Fowler

**Level:** Low Intermediate

**Count:** 32

**Wall:** 2

**Intro:** Start on vocals

**Music:** "It's A Southern Thing" by Shana Owens



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**Tag end of wall 2 (facing 12) restart wall 5 after count 16& (facing 6)**

## **[1-8] FRONT-SIDE-BEHIND-SWEEP, BEHIND-1/4 RIGHT-WALK, STEP-PIVOT 1/2 RIGHT-WALK, STEP-PIVOT 1/2 RIGHT-1/2 RIGHT-SWEEP**

- 1&2& Step R across left, (&) Step L to left, Step R behind left, (&) Sweep L front to back [12]  
3&4 Step L behind right, (&) Make 1/4 turn R stepping R forward, Walk forward L [3]  
5&6 Step R forward, (&) 1/2 turn left taking weight on L, Step R forward, ([9]  
7&8& Step L forward, (&) 1/2 turn right taking weight on R, 1/2 turn right stepping L back, Sweep R front to back [9]

## **[9-16] BEHIND-SIDE-CROSS, SIDE ROCK-RECOVER-CROSS, CROSS ROCK-RECOVER, SYNCOPATED WEAVE with 1/4 TURN LEFT**

- 1&2 Step R behind left, (&) Step L to left, Step R across left [9]  
3&4 Rock L to left, (&) Recover weight on R, Step L across right [9]  
&5-6 (&) Step R to right, Rock L across right L knee is slightly bent, Recover weight on R  
&7& (&) Step L to left, Step R across left, (&) Step L to left [9]  
8& Step R behind left, (&) 1/4 turn left stepping L forward [6]

**\*\*\*RESTART\*\*\* - during wall 5 dance through counts 1-16& - facing 6 o'clock, sweep R from back to front and restart dance**

## **[17-24] ROCK FORWARD - RECOVER- 1/2 TURN RIGHT, STEP 1/4 TURN RIGHT, CROSS-BACK 1/8 LEFT-TOGETHER, RIGHT SHUFFLE FORWARD TO LEFT DIAGONAL**

- 1-2& Rock R forward, Recover weight on L, (&) 1/2 turn right stepping R forward [12]  
3-4 Step L forward, 1/4 turn right taking weight on right [3]  
5&6 Step L across right, (&) 1/8 left stepping R back, Step L beside right [1.30]  
7&8 Shuffle forward to left diagonal stepping R, L, R [1.30]

## **[25-32] MAMBO 1/2 TURN LEFT, FULL TURN, SIDE-ROCK BACK-RECOVER X 2, SWAY**

- 1&2 Rock L forward, (&) Recover weight on R, 1/2 turn left step-in L forward [7.30]  
3& 1/2 turn left stepping R back, 1/2 turn left stepping L forward [7.30]  
4-5& 1/8 turn left stepping R long step to right, Rock L behind right, (&) Step R across left [6]  
6-7& Step L long step to left, Rock R behind left, (&) Step L across right [6]  
8& Step R to right and sway, (&) Recover weight on L [6]

## **Repeat**

**TAG: at the end of wall two, facing 12 o'clock, add the following 4 count tag**

- 1&2& Step R across left, (&) Step L to left, Step R behind left, (&) Sweep L front to back [12]  
3&4 Step L behind right, (&) Step R to right, Step L across right [12]



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