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# Cradle Days

**Choreographer:** Alexis Strong

**Level:** High Beginner Waltz

**Count:** 48

**Wall:** 2

**Intro:** Start on vocals (what a friend)

**Music:** "Pal Of My Cradle Days" By Ann Breen

**Alt music:** "Pal Of My Cradle Days" by Michael English

## [1-6] LEFT TWINKLE, RIGHT TWINKLE 1/4 TURN.

1,2,3 Cross L Over R (2) Rock R To R (2) Recover On L (3)  
4,5,6 Cross R Over L (4) 1/4 Turn R, Step L (5) Step R To R (6) 3:00

## [7-12] CROSS SIDE ROCK RECOVER, CROSS BACK SIDE ROCK RECOVER .

1,2,3 Cross L Over R (1) Rock R To R (2) Recover On L (3)  
4,5,6 Cross R Behind L (4) Rock L To L (5) Recover On R (6)

## [13-18] LEFT TWINKLE, RIGHT TWINKLE 1/4 TURN.

1,2,3 Cross L Over R (2) Rock R To R (2) Recover On L (3)  
4,5,6 Cross R Over L (4) 1/4 Turn R, Step L (5) Step R To R (6) 6:00

## [19-24] CROSS SIDE ROCK RECOVER, CROSS BACK SIDE ROCK RECOVER .

1,2,3 Cross L Over R (1) Rock R To R (2) Recover On L (3)  
4,5,6 Cross R Behind L (4) Rock L To L (5) Recover On R (6)

## [25-30] WEAVE RIGHT, RIGHT DRAG TOGETHER.

1,2,3 Cross L Over R (1) Step R To R (2) Cross L Behind R (3)  
4,5,6 Large Step R (4) Drag L To R (5) Touch L To R (6)

## [31-36] ROLLING GRAPEVINE FULL TURN LEFT, RIGHT TWINKLE

1,2,3 Making 1/4 Turn L, Step L (1) Making 1/2 Turn L, Step R (2) Making 1/4 Turn L, Step L (3) 6:00  
4,5,6 Cross R Over L (4) Rock L To L (5) Recover On R (6)

## [37-42] LEFT TWINKLE, WEAVE LEFT.

1,2,3 Cross L Over R (1) Rock R To R (2) Recover On L (3)  
4,5,6 Cross R Over L (4) Step L To L (5) Cross L Behind R (6)

## [43-48] LEFT DRAG TOGETHER, ROLLING GRAPEVINE RIGHT.

1,2,3 Large Step L (1) Drag R To L (2) Touch R To L (3)  
4,5,6 Making 1/4 Turn R, Step R (4) Making 1/2 Turn R, Step L (5) Making 1/4 Turn R, Step R Side.

**Start Again**

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