



[www.country-stafke.be](http://www.country-stafke.be)

# Outta My Mind

**Choreographer:** Rob Fowler, Kate Sala,  
Guillaume Richard & Darren Bailey

**Level:** Beginner

**Count:** 32

**Wall:** 4

**Intro:** 16 counts

**Music:** Getting' Outta My Mind – by Channing Wilson

**Tag:** After walls 2 and 6 you will be facing 6:00 both times

## Shoop to R diagonal, Back, Clap, Back, Clap

- 1-2 Step RF to R diagonal, Close LF next to RF
- 3-4 Step RF to R diagonal, Touch LF next to RF
- 6-7 Step back on LF to L diagonal, Touch RF next to LF and clap
- 7-8 Step back on RF to R diagonal, Touch LF next to RF and clap

## Shoop to L diagonal, Back, Clap, Back Clap

- 1-2 Step LF to L diagonal, Close RF next to LF
- 3-4 Step LF to L diagonal, Touch RF next to LF
- 5-6 Step back on RF to R diagonal, Touch LF next to RF and clap
- 7-8 Step back on LF to L diagonal, Touch RF next to LF and clap

## R Vine with Close, Twist x4

- 1-2 Step RF to R side, Cross LF behind RF
- 3-4 Step RF to R side, Close LF next to RF
- 5-6 Twist both heels to L, Twist both heels to R
- 7-8 Twist both heels to L, Twist both heels to centre (weight ends on RF)

## L Vine with 1/4 L, Brush, Rocking chair

- 1-2 Step LF to L side, Cross RF behind LF
- 3-4 Make a 1/4 turn L and step forward on LF, Brush RF forward
- 5-6 Rock forward on RF, Recover onto LF
- 7-8 Rock back on RF, Recover onto LF

## Start Again

**Tag (after wall 2 and 6m both times you will be facing 6:00)**

## Stomp, Stomp, Clap, Clap

- 1-2 Step RF to R side, Stomp LF to L side
- 3-4 Clap hands x2

[www.country-stafke.be](http://www.country-stafke.be)