

Bring Me Down

Choreographer: Lisa LeMier

Level: Beginner

Count: 32

Wall: 2

Music: "All You Ever Do Is Bring Me Down" by The Mavericks



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SHUFFLE, WALK, WALK, SHUFFLE, WALK, WALK

1&2 Shuffle forward stepping on right, left, right
3-4 Walk forward stepping on left, right
5&6 Shuffle forward stepping on left, right, left
7-8 Walk forward stepping on right, left

SIDE SHUFFLE RIGHT, ROCK STEP, SIDE SHUFFLE LEFT, ROCK STEP

1&2 Shuffle to right side stepping on right, left, right
3-4 Rock back on left foot; rock forward on right foot
5&6 Shuffle to left side stepping on left, right, left
7-8 Rock back on right foot; rock forward on left foot

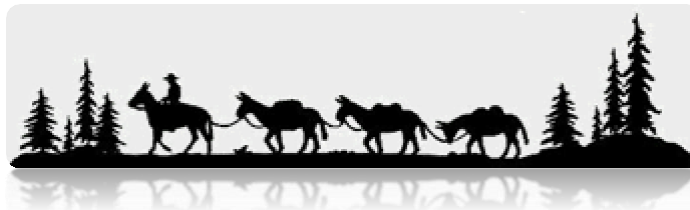
SLOW WALK BACK

1-2 Step right foot back; touch left foot next to right and clap hands
3-4 Step left foot back; touch right foot next to left and clap hands
5-6 Step right foot back; touch left foot next to right and clap hands
7-8 Step left foot back; touch right foot next to left and clap hands

STEP, ¼ TURN, STEP, ¼ TURN, STOMP, CLAP 3X

1-2 Step right foot forward; make ¼ turn left (weight to left foot)
3-4 Step right foot forward; make ¼ turn left (weight to left foot)
5-6 Stomp right foot next to left (weight stays on left foot); Hold
7&8 clap hands three times

Repeat



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