

Welcome to Fist City



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Choreographer : Ivonne Verhagen, Giuseppe Scaccianoce, Jp Barrois,
Thierry Fauvel & Stéphanie FAUVEL
Level : Improver
Counts : 32
Type of dance : 4 Wall
Intro : 4 counts, after tje beat
Music : Welcome to Fist City – by Chapel Hart

SEC 1: SIDE ROCK, 1/4 TURN L, SHUFFLE FWD, PIVOT 1/2, SHUFFLE FWD

1,2 Rock RF right side, 1/4 turn left & recover weight on LF (9h)
3&4 RF step fwd, close LF to RF, RF step fwd
5,6 LF step fwd, 1/2 turn right (recover weight in RF) (3h)
7&8 LF step fwd, close RF to LF, LF step fwd

SEC 2: ROCK STEP & ROCK STEP, WALK BACK L AND R, COASTER STEP

1,2,& RF rock fwd, recover on LF, RF step in place
3,4 LF rock fwd, recover on RF
5,6 LF step back, RF step back
7&8 LF step back, step RF to LF, LF step fwd

SEC 3: STOMP, HOLD 2x, POINT R&L & PIVOT 1/4 L

1,2 RF stomp fwd, hold
3,4 LF stomp fwd, hold
5&6& Point RF side, step RF center, Point LF side, step LF center,
7,8 RF step fwd, 1/4 turn left (weight on LF) (12h)

SEC 4: JAZZ BOX CROSS 1/4 R, WEAVE

1,2 Cross RF over LF, step LF back
3,4 1/4 turn left & step RF side, cross LF over RF (3h)
5,6 RF step side, cross LF behind RF
7,8 RF step side, cross LF over RF

Start Again

TAG: 4 count Tag after wall 2 & 4

1,2 RF side rock, recover on LF
3,4 Cross rock with RF, recover on LF

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