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# Gold Inside

Choreographer : Julie Hawkins  
Level : Beginner  
Counts : 32  
Type of dance : 2 Wall  
Intro : 16 counts, start on vocals  
Music : You Got Gold – by Nathan Carter

## **No Tags or Restarts**

### **SEC 1: TOE HEEL STOMP, TOE HEEL STOMP, TOE HEEL STOMP, TOE HEEL STOMP,**

1&2 Touch right toe to left instep with knee in, Tap right heel slightly forward, Stomp right forward  
3&4 Touch left toe to right instep with knee in, Tap left heel slightly forward, Stomp left forward  
5&6 Touch right toe to left instep with knee in, Tap right heel slightly forward, Stomp right forward  
7&8 Touch left toe to right instep with knee in, Tap left heel slightly forward, Stomp left forward

### **SEC 2: MAMBO FORWARD, SHUFFLE BACK, MAMBO BACK, SHUFFLE FORWARD**

1&2 Rock forward on right, Recover on left, Step slightly back on right  
3&4 Step back on left, step right next to left, step back on left  
5&6 Rock back on right, recover on left, step forward on right  
7&8 Step forward on left, Step right next to left, Step forward on left

### **SEC 3: SCISSOR STEP, SCISSOR STEP, SIDE, BEHIND, SIDE ¼ TURN, 1/4 PIVOT, CROSS**

1&2 Step right to right side. Step left beside right. Cross right over left.  
3&4 Step left to left side. Step right beside left. Cross left over right.  
5&6 Step right to right side, step left behind right, step ¼ turn right  
7&8 Step forward on Left, Pivot ¼ right, cross left over right

### **Sec 4: SCISSOR STEP, SCISSOR STEP, JAZZ BOX**

1&2 Step right to right side. Step left beside right. Cross right over left.  
3&4 Step left to left side. Step right beside left. Cross left over right.  
5-8 Cross Right over Left. Step back on Left. Step Right to Right side. Step forward on Left

## **Start Again**

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