

Sexy Lady

Choreographer : Raymond Sarlemijn, Darren Bailey & Roy Verdonk
Level : High Beginner
Counts : 32
Type of dance : 4 Wall
Intro : 32 counts
Music : Sexy Lady – by John West & Lange Frans



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SEC 1 V-Step, Point, Together, Point, Together

1-2 Step right forward to right diagonal, step left to left
3-4 Step right back, step left beside right
5-6 Point right to right, step right beside left
7-8 Point left to left, step left beside right

SEC 2 Side Sways, Cross Rock, Side Shuffle

1-2 Step right to right swaying hips right, sway hips left
3-4 Sway hips right, sway hips left
5-6 Cross rock right over left, recover weight onto left
7&8 Step right to right, step left beside right, step right to right

SEC 3 Cross Rock, ¼ Shuffle, Rock, Coaster Step

1-2 Cross rock left over right, recover weight onto right
3&4 Step left to left, step right beside left, turn ¼ left step left forward (9:00)
5-6 Rock right forward, recover weight onto left
7&8 Step right back, step left beside right, step right forward

SEC 4 Forward Hip Bumps, Walk, Walk, Shuffle

1-2 Step left forward bumping left hip forward, bump right hip back
3-4 Bump left hip forward, bump right hip back hitching left knee
5-6 Step left forward, step right forward
7&8 Step left forward, step right beside left, step left forward

Start Again

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