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Music In My Heart

Choreographer : Marianne van der Toorn Vrijthoff
Level : Beginner
Counts : 32
Type of dance : 4 Wall
Intro : 4 counts
Music : Music in My Heart – by Louise Morrissey

Sec 1: R Chasse, Cross Rock, Recover, L Chasse, Cross Rock, Recover

1&2 RF. Step side - LF. Step together - RF. Step side
3-4 LF. Cross rock over RF - RF. Recover
5&6 LF. Step side - RF. Step together - LF. Step side
7-8 RF. Cross rock over LF - LF. Recover

Sec 2: R Chasse, 1/4 L Chasse L, 1/4 L Chasse R, 1/4 L Chasse L

1&2 RF. Step side - LF. Step together - RF. Step side
3&4 LF. 1/4 Turn L step side - RF. Step together - LF. Step side (9:00)
5&6 RF. 1/4 Turn L step side - LF. Step together - RF. Step side (6:00)
7&8 LF. 1/4 Turn L step side - RF. Step together - LF. Step side (3:00)

Sec 3: Cross, Point x2, Jazz Box 1/4 Turn R

1-2-3-4 RF. Cross over LF - LF. Point toe to R side - LF. Cross over RF - RF. Point toe to R side
5-6-7-8 RF. Cross over LF - LF. Step back - RF. 1/4 Turn R step side - LF. Step fwd (6:00)

Sec 4: Shuffle fwd, Step fwd, Pivot 1/2 Turn R, Shuffle fwd, Step fwd, 3/4 Turn L

1&2 RF. Step fwd - LF. Step together - RF. Step fwd
3-4 LF. Step fwd - RF+LF. Pivot 1/2 turn R (12:00)
5&6 LF. Step fwd - RF. Step together - LF. Step fwd
7-8 RF. 1/2 Turn L step back - LF. 1/4 Turn L step side (3:00)

Start Again

Tag 1: After the 2nd (6:00) and the 5th (9:00) wall

1 RF. Stomp beside LF (weight on LF)

Tag 2: After the 6th wall (6:00)

1-2-3-4 RF. Side rock - LF. Recover - RF. Back rock - LF. Recover

Contact: mvdtoornvrijthoff@gmail.com

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