

# Unchain My Heart Cha

**Choreographer:** Tina Chen Sue-Huei

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Intro:** 32 counts

**Music:** "Unchain My Heart" (Dj Cucky Remix) by Soul Project Rx



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## **SI.Fwd R-L Toe Struts – Fwd Touch Recover – L Coaster Step**

1-2 Step R Toe Fwd, Drop R Heel  
3-4 Step L Toe Fwd, Drop L Heel  
5-6 Touch R Toe Fwd, Back Step R  
7&8 Back Step L, Tog Step R, Fwd Step L

## **SII.Diag Fwd R-L Shuffle – Fwd ½ L – Fwd ¼ L**

1&2 Diag Fwd Shuffle On RLR  
3&4 Diag Fwd Shuffle On LRL  
5-6 Fwd Step R, Pivot ½ L Turn Step On L (6.00)  
7-8 Fwd Step R, Pivot ¼ L Turn Side Step L (3.00)

## **SIII. (Cross Back – Back Cross) 2X**

1-4 Cross R Over L, Back Step L, Back Step R, Cross L Over R  
5-8 Back Step R, Back Step L, Cross R Over L, Back Step L

## **SIV.Back Rock Recover – ½ L Triple – Back Rock Recover – Fwd Shuffle**

1-2 Back Rock R, Recover On L  
3&4 ½ L Turn Triple Steps On RLR (9.00)  
5-6 Back Rock L, Recover On R  
7&8 Fwd Shuffle On LRL

## **Repeat**

### **Tag (4 Counts):End Of Wall-5 Facing 9:00**

1-2 Side Step R, Touch L Beside R  
3-4 Side Step L, Touch R Beside L

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