



www.country-stafke.be

Lorena (P)

Choreografie : Joke Mozes
Vertaling : Stafke Peeters
Type of Dance : Partner dance
Niveau : Intermediate
Tellen : 32
Intro : Start on vocals
Muziek : "Sweet Lorena" by Marty River

<https://www.theflyingbirdscountrydancers.com/>

Steps lady and gentleman are the same (if otherwise stated) Side by Side

Steps Lord

Step Fwd-Hold, 1/4 Turn R-Left Side Step, Together Side, Hold, Rock Back, Recover;

1-2 RF step forward, hold
3-4 LF 1/4 turn right step aside, RF step next to LF
5-6 LF step aside, hold
7-8 RF rock back, LF recover

Step On Place, Hold, 1/4 Turn Right, Into The Window, Step Back, Step Back;

1-2 RF step next to LF, hold
3-4 L/R 1/4 turn right, on the window
5-6 LF step next to RF, hold
7-8 R/L step back, step back

Step Back, Hold, 1/4 Turn Left, 1/4 Turn Left, Step Fwd, Hold;

1-2 RF step back, hold
3-4 L/R 1/4 turn left, 1/4 turn left
5-6 LF step forward, hold
7-8 R/L 1/4 turn left, 1/4 turn left

(Turn lady from Window, Indian Position)

Step Fwd. Hold, Side Step, Together, 1/4 Turn Left, Hold, Side Rock 1/4 Turn Left;

1-2 RF step forward, hold
3-4 LF step aside, RF step next to the LF
5-6 LF 1/4 turn left-step forward, hold
7-8 RF 1/4 turn left-step aside, LF recover

Steps Lady

Step fwd-Hold, 1/4 Right left Side Step, Together Side, Hold, Rock back, Recover;

1-2 RF step forward, hold
3-4 LF 1/4 turn right step aside, RF step next to LF
5-6 LF step aside, hold
7-8 RF rock back, LF recover

1/2 Turn, 3/4 Turn left into the Window, Step Together, Hold, Step Fwd, Step Fwd;

1-2 LF 1/2 turn left-sep on RF, hold
3-4 L/R 3/4 turn left on window
5-6 LF step next to RF, hold
7-8 R/L step forward, step forward

Step Fwd., Hold, 1/4 Turn Left, 1/4 Turn Left, Step Fwd. Hold;

1-2 RF step forward, hold
3-4 L/R 1/4 turn left, 1/4 turn left
5-6 LF step forward, hold
7-8 R/L full turn right

(Turn lady from Window, Indian Position)

Step Fwd. Hold, Side Step, Together, 1/4 Turn Left, Hold

1-2 RF step forward, hold
3-4 LF step aside, RF step next to the LF
5-6 LF 1/4 turn left-step forward, hold
7-8 RF 1/4 turn left-step aside, LF recover

Begin Opnieuw

Tag: after 2nd and 6th dance,

Step Lock Step, Step Fwd.

1-4 RF step forward, LF cross behind,
RF Step right forward, LF Step forward

Bridge: after 4th dance, do:

1-8 RV lock to front, hold,
LV lock to front, hold

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