

# One Woman Man

**Choreographer:** Glynn Rodgers

**Level:** Improver

**Count:** 48

**Wall:** 4

**Intro:** Start on vocals

**Music:** "I'm a One Woman Man" by George Jones



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## [1-8] SYNCOPATED GRAPEVINE RIGHT, BACK ROCK, HINGE ½ TURN.

1-2 Step Right To Right Side, Cross Left Behind Right.  
& Step On Ball Of Right Foot Beside Left.  
3-4 Cross Left Over Right, Step Right To Right Side.  
5-6 Rock Back Left Behind Right, Recover Weight On To Right Foot.  
7-8 Turn ¼ Right Stepping Back Left, Turn ¼ Right Stepping Side Right.

## [9-16] CROSS, SIDE, SAILOR STEP, WEAVE LEFT.

1-2 Cross Left Over Right, Step Right To Right Side.  
3&4 Cross Left Behind Right, Step Right Slightly To Right Side, Step Left To Place.  
5-6 Cross Right Over Left, Step Left To Left Side.  
7-8 Cross Right Behind Left, Step Left To Left Side.

## [17-24] CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE ¼ LEFT.

1-2 Cross Rock Right Over Left, Recover Weight On To Left Foot.  
3&4 Step Right To Right Side, Close Left To Right, Step Right To Right Side.  
5-6 Cross Rock Left Over Right, Recover Weight On To Right Foot.  
7&8 Step Left To Left Side, Close Right To Left, Turn ¼ Left Stepping Forward Left.

## [25-32] PADDLE ¼ TURN X2, JAZZ BOX.

1-2 Step Forward Right, Pivot ¼ Turn Left.  
3-4 Step Forward Right, Pivot ¼ Turn Left.  
5-6 Cross Right Over Left, Step Back Left.  
7-8 Step Right To Right Side, Close Left To Right.

## [33-40] RIGHT & LEFT FOOT CRAWLS (BLUE FINGER LOU / DOCTOR DOCTOR)

1 Stomp Right Foot Forward Towards Right Diagonal.  
2-4 Swivel Left Heel Towards Right, Swivel Left Toe Towards Right, Swivel Left Heel Towards Right.  
5 Stomp Left Foot Forward Towards Left Diagonal.  
6-8 Swivel Right Heel Towards Left, Swivel Right Toe Towards Left, Swivel Right Heel Towards Left.

## [41-48] DIAGONAL BACK, TOUCH, SHUFFLE ½ TURN, ROCKING CHAIR.

1-2 Step Right Foot Back Towards Right Diagonal, Touch Left Beside Right.  
3&4 Turn ¼ Left Stepping Left To Left Side, Close Right To Left, Turn ¼ Left Stepping Forward Left.  
5-6 Rock Forward Right, Recover Weight On To Left.  
7-8 Rock Back Right, Recover Weight On To Left.

**Repeat**

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