

# *L D F (Let's Dance Forever)*

**Choreographer:** Alison Biggs & Peter Metelnick

**Count:** 32

**Wall:** 4

**Level:** Absolute Beginner

**Intro:** 16 counts

**Music:** "Boogie Shoes" by Glee Cast



[www.country-stafke.be](http://www.country-stafke.be)

## **[1-8] L/R step touches (with attitude), L side, touch R in-out-in**

1-2 Step L side, touch R together

3-4 Step R side, touch L together

**Optional styling: On the touches try cross touching over the opposite foot**

5-6 Step L side, touch R together

**Optional styling: Cross touch on count 6**

7-8 Touch R to right side, touch R together (weight on L)

## **[9-16] Grapevine R for 3 (or side/together/side), L touch, grapevine L with ¼ L turn (or side/together/ ¼ L), R hitch or scuff**

1-4 Step R side, cross step L behind R, step R side, touch L together

**Easier option 1-4: Step R side, step L together, step R side, touch L together**

5-6 Step L side, cross step R behind L

7-8 Turning ¼ left step L forward, hitch R knee up OR scuff R forward (9 o'clock)

**Easier option 5-8: Step L side, step R together, turning ¼ left step L fwd, touch R together**

## **[17-24] Walk fwd 3, L touch, Boogie walks back x 4**

1-4 Walk forward R, L, R, touch L forward

5-6 Step L back at the same time turn R heel towards centre, step R back at the same time turn L heel towards centre (weight tends to stay on balls of the feet)

7-8 Repeat counts 5-6

**Easier option 5-8: Walk back L, R, L, R**

## **[25-32] L back to L diagonal step touch, hip bumps, R side step touch, hip bumps**

1-2 Step L back on L diagonal, touch R together

3-4 Bump hips R, bump hips L (weight on L)

5-6 Step R side, touch L together

7-8 Bump hips L, R (weight on R)

**Fun option on the hip bumps double time them so the timing would be:**

3&4& : Bump hips R, L, R, L 7&8&: Bump hips L, R, L, R

## **Start Again**

**END: Final wall will end at count 16 the hitch/scuff, so strike a pose facing front wall to end.**

[www.country-stafke.be](http://www.country-stafke.be)