

# Boom Boom Goes My Heart

**Choreographer:** Sonja Hemmes

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Intro:** start on Lyrics "Heart"

**Music:** Boom Boom Goes My Heart" by Alex Swings



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## TRIPLE, ROCK BACK, RIGHT THEN LEFT

1&2 Step right to right side, step left next to right, step right to right side  
3-4 Rock left back, step on right  
3&4 Step left to left side, step right next to left, step left to left side  
7-8 Rock right back, step on left

## TOE STRUTS FORWARD, JAZZ BOX

1-2 Step right toe forward, drop right heel  
3-4 Step left toe forward, drop left heel  
5-6 Step right forward, step left back  
7-8 Step right to right side, step left next to right

## STEP TOUCHES FORWARD, BOOGIE WALK BACK

1-2 Step right forward, touch left next to right  
3-4 Step left forward, touch right next to left  
5-8 Step right back, left back, right back, left back

**Boogie Walk Styling: Knees close together, arms straight down.**

**Move shoulders down in the same direction as you walk back right foot, right shoulder down, left foot, left shoulder down.**

## HEEL TOUCHES, PRISSY WALK TURNING 1/4 LEFT

1-2 Touch right heel forward, step right next to left  
3-4 Touch left heel forward, step left next to right  
5-6 Step right forward swaying right heel and body to the right, turn 1/8 left, Step left forward swaying left heel and body to the left  
7-8 Step right forward swaying right heel and body to the right, turn 1/8 left, Step left forward swaying left heel and body to the left

**Repeat**

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