

Get Back Ups

Choreographer: Kim Ray

Level: Improver

Count: 32

Wall: 4

Intro: 16 counts

Music: "Win Life" by Luke Bryan



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S1: STEP SIDE, TOGETHER, CHASSE RIGHT, CROSS ROCK/RECOVER, CHASSE ¼ TURN LEFT

1-2 Step right to right side, step left together
3&4 Step right to right side, step left next to right, step right to right side
5-6 Cross rock left over right, recover back on right
7&8 Step left to left side, step right next to right, ¼ turn left stepping forward on left (9:00)

S2: ½ PIVOT TURN LEFT, ¼ PIVOT TURN LEFT, CROSS, BACK & CROSS SHUFFLE

1-2 Large step forward on right, ½ pivot turn left (3:00)
3-4 Large forward on right, ¼ pivot turn left ((12:00)
5-6 Cross right over left, step back on left
&7&8 Step right slightly back, cross left over right, step right to right side, cross left over right

(RESTART HERE ON WALL 3)

S3: SIDE ROCK RIGHT/RECOVER, WEAVE, SIDE ROCK LEFT/RECOVER, BEHIND, SIDE, FORWARD

1&2 Step right to right side, touch left next to right, step left to left side
3&4 Cross right behind left, step left to left side, cross right over left
5&6 Step left to left side, touch right next to left, step right to right side
7&8 Cross left behind right, step right to right side, step forward on left (12:00)

S4: ½ PIVOT TURN LEFT, SHUFFLE ½ TURN LEFT, ¼ TURN LEFT, TOUCH RIGHT, BALL BEHIND, BALL CROSS

1-2 Step forward on right, pivot ½ turn left (6:00)
3&4 Shuffle ½ turn left stepping right, left, right (12:00)
5-6 ¼ turn left stepping left to left side, touch right next to left (9:00)
&7 Step right to right side, cross left behind right
8& Step right to right side, cross left over right

Repeat

Dances finishes on count 8 of S3 – ¼ turn left stepping right to right side (12:00)

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