Muddy Water Healing

Choreographer: Maddison Glover & Adrian Lefebour

Count: 32 Wall: 4

Level: Improver

Intro: 32 counts, start on vocals

Music: "Need A Boat" by Morgan Wallen

Back, Coaster Cross, 1/4 Scissor Step, 3/4 Turn, Side, Together

1,2&3 Step R back as you drag L heel back, step L back, step R together, cross L over

4& Step R to R side, step L together as you begin to turn ¼ L

5 Complete the ¼ turn as you step R fwd (9:00)

6&7 Make ½ turn R as you step L back (3:00), turn ¼ R stepping R to R side (6:00), cross L over R

8& Step R to R side, step L together

Toe Struts Back x2, Back Rock/Recover, ½ Turning Toe Strut Back, Back Rock/Recover, ¼ Turning Side Toe Strut, Back Rock/Recover, Side, Behind

1&2& Touch R toe back, drop R heel to floor, touch L toe back, drop L heel to floor

3&4& Rock R back, recover fwd onto L, make ½ turn L as you touch R toe back, drop R heel to floor

(12:00)

5&6& Rock L back, recover fwd onto R, make ¼ turn R as you touch L toe to L side, drop L heel to floor

(3:00)

7&8& Rock R back, recover fwd onto L, step R to R side, cross L behind R

Side, Touch, Side, Kick Across, Side, Together, Side, Back Rock/ Recover, Side, Behind, ¼ Forward, Hitch, Forward, Hitch

1&2& Step R to R side, touch L beside R, step L to L side, kick R across L (low)

3&4 Step R to R side, step L together, large step R to R side

5&6& Rock back onto L, recover weight fwd onto R, step L to L side, cross R behind L

7&8& Turn ¼ L stepping L fwd (12:00), hitch R knee, step R fwd/ slightly across L, hitch L knee

Forward, Lock, Forward with Sweep, Front, Side, Behind with Sweep, Behind, Side, Cross Rock/Recover, ¼ Forward, Rock Fwd/ Recover

1&2 Step L fwd, lock R behind L, step L fwd as you sweep R fwd/around (anti-clockwise)

3&4 Cross R over L, step L to L side, cross R behind L as you sweep L back/around (anti-clockwise)

5&6& Cross L behind R, step R to R side, cross rock L over R, recover weight back onto R

7,8& Turn ¼ L stepping L fwd, rock R fwd, recover weight back onto L

Repeat

RESTARTS

During the third sequence, start the dance facing 6:00. Dance to count 8& and restart the dance facing 12:00.

During the seventh sequence, start the dance facing 3:00. Dance to count 8& and restart the dance facing 9:00.

ENDING

During wall 9 dance to count 16 (facing 9:00) then turn 1/4 R to 12:00 as you stomp R forward.



