

My Nona Manis

Choreographer : Jos Slijpen
Translation : Stafke Peeters
Wall : 2 wall linedance
Level : Beginner/Intermediate
Count : 32
Intro : 16 Counts
Music : "Goodbye To You, My Nona Manis" by Danny Everett



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S 1/ Right Rumba Box, Touch, Left Rumba Box, Touch;

1-2 (1) RF step aside (2) LF step next to RF
3-4 (3) RF step forward (4) LF touch toe next to RF
5-6 (5) LF step aside (6) RF step next LF
7-8 (7) LF step back (8) RF touch toe next to LF

S 2/ Step R Beside, Step L Together, 1/4 Turn R, Hold, Step L Fwd, Pivot 1/2 Turn R, Step L Fwd, Hold;

1-2 (1) RF step aside (2) LF step next to RF
3-4 (3) RF 1/4 turn right, step fwd (4) hold [3]
5-6 (5) LF step forward (6) LF+RF 1/2 pivot turn right [9]
7-8 (7) LF step forward (8) hold

S 3/ Full Turn Fwd, Step R Fwd, Hold, Step L Fwd, Pivot 1/4 Turn R, Cross, Hold;

1-2 (1) RF 1/2 turn left, step back (2) LF 1/2 turn left, step forward [9]
3-4 (3) RF step forward (4) hold
5-6 (5) LF step forward (6) LF+RF 1/4 pivot turn right [12]
7-8 (7) LF step cross over RF (8) hold

S 4/ R Side Rock, Recover, Cross, Hold, L Side Rock, Recover 1/4 Turn R, Step L Fwd, Hold;

1-2 (1) RF rock right aside (2) LF weight back
3-4 (3) RF step cross over LF (4) hold
5-6 (5) LF rock left aside (6) RF 1/4 turn right, weight back [3]
7-8 (7) LF step cross over RF (8) hold

Start Again



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